

Llangwm Village News

ISSUE 36
October 2011



SPONSORED BY LLANGWM COMMUNITY COUNCIL
and Printed by Cleddau Press Ltd

Llangwm Gardening Club

By Maureen John

Now that the season is more chilly I have started putting out nuts and seeds for the birds – it certainly helped the small birds last winter. My birdfeeders hang on the fence above a corner of a flower border, and where some of the birdseed fell, I had a nice feature of ornamental grasses! I left them to develop seedheads and it reminded me of an article about growing your own birdseed. It was a project for school gardens, but would be worth a try anywhere. The suggestions included the ubiquitous sunflower – many of us must have grown these with youngsters, although mine never seem to reach the giddy heights that are stated on the packet!



Some of the others were new to me, but I recognised some from the birdseed patch! I have listed recommendations below – you may like to try some in the Spring in an odd sunny corner, although just scattering a few handfuls of birdseed works too!

Annuals: Marigold, cornflower, cosmos, sunflower – attract wrens, tits, finches, linnets
Poppy species - siskins, dunnocks, some finches
Escholzia, sweet pea, poached egg flower – many birds, butterflies and bees

Biennials: Teasel – goldfinches, crossbills
Korean angelica – greenfinches and bluetits
Honesty, foxglove – finches, butterflies and bees

Mullein, wallflower, sweet William – birds, bees, butterflies and hoverflies

Grasses: Millet, stipa, miscanthus, sweetcorn canary grass, oat – many bird varieties

Perennials: Golden rod, Michaelmas daisy, achillea – birds and bees

There is a Wildlife Trust/RHS website for info – www.wildaboutgardens.org.uk

Another link between bees and the plants they use for nectar and pollen cropped up in an article about the antiseptic properties of honey (*RHS Journal "The Garden" Sept 2011*) It seems the antiseptic effect varies with the plants the bees visit, and researchers from The National Botanic Garden of Wales and the Welsh School of Pharmacy are building up DNA profiles of different honeys and linking them with the bacteria and diseases they can control, particularly for MRSA and Clostridium difficile. The DNA “barcodes” of the Welsh flora, held by the Botanic Garden, will pinpoint the source plants of the honey’s active ingredients, and shorten the process of identifying the plant chemicals. They hope it will help the bees as well, by identifying substances that help them to resist pests and diseases like the varroa mite.

Beekeepers are being asked to help, by sending 200ml of honey and a list of plants growing nearby to : Jenny Hawkins, Welsh School of Pharmacy, Cardiff University, King Edward VII Avenue, Cardiff CF10 3NB.

Since the AGM and Barbeque in July, Jane and David Mills retired from the Committee, having served and done a brilliant job for many years for the Club. Their help and ideas on the Committee have been much appreciated, and a big Thankyou to both. The Joe Neal Cup held at the AGM was won by Eileen Parfitt with a small white orchid in full flower.

**The new committee elected at the AGM comprises of : Eileen Parfitt - Chair
David Camplin - Treasurer Maureen John - Secretary Gail Kelly - Raffle organiser Val John - Publicity Madeline Tasker & Stella Stroud - Programme Secs
Caroline Box - Deputy Chair**

Since starting the new season in September, we had a very lively meeting themed "What to do with Surplus Garden Produce", with ideas coming thick and fast from members. Samples of delicious jams, jellies, chutneys and pickles were brought for tasting and buying, plus veggies, a lovely courgette bread, and lots of recipes to collect.

Our October meeting was a talk by Nathan Walton from the South and West Wales Wildlife Trust about the work of the trust and the sites in Pembrokeshire for which he is Warden. Some interesting and lovely places contain rare species. It surprised me how many sites there were – some very close by that I didn’t know existed. A Trust worth supporting by joining, and good days out for volunteer helpers. Members who were at the meeting will also be glad to know that his mislaid car keys turned up in the end – thank you to those who helped him out!

In November we will see David Harries, County Recorder, letting us into fascinating secrets of Fungi, and then as usual we end the year with our Christmas Dinner. The rest of the Programme is as follows :

January 9th 2012 - New Year Quiz and Nibbles at the Cottage Inn

February 6th - Paul of Lydstep Nursery – “Propagation Techniques”

March 5th - Madeline Tasker – “Ethiopian Journey”

April 2nd - t.b.a. - Possibly Garden Pests & Diseases

May 14th - t.b.a.

June 11th - Debbie Drewett, Manager Stackpole Walled Garden - History/ Mencap

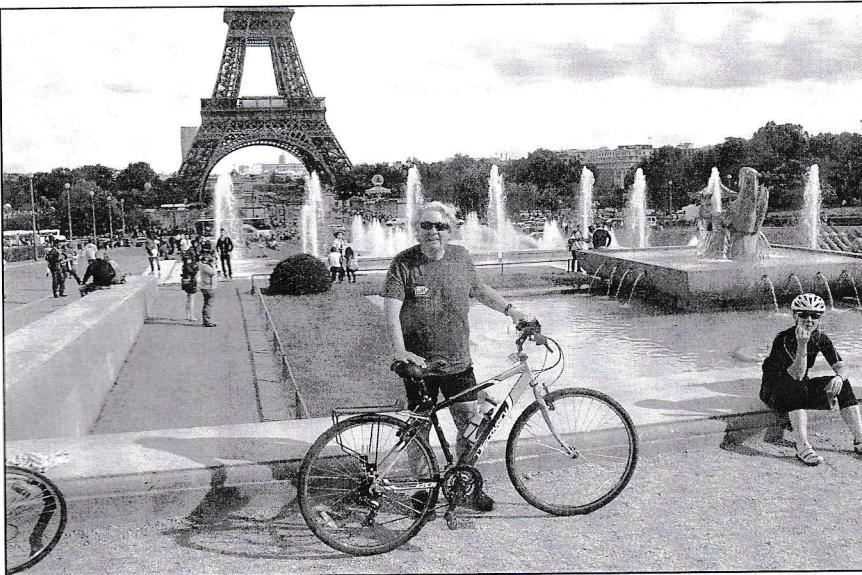
July 2nd - AGM & Barbeque

Our meetings are held at The Cottage Inn in Llangwm on the first Monday of the month at 7.30pm, all are welcome.

London to Paris Bike Ride

in aid of 'Povertyover' (Christian Aid)

By: Fat Woman on a Bike – Sue Howley



It started at dawn - 19th July 2011. I was dropped at Pembroke Dock, with bike and pannier pack, to catch my train to London Paddington. The journey started as well as possible with Arriva Trains Wales. When we arrived in Carmarthen, we stayed in Carmarthen, a suicide attempt had been made in Burryport (enough said!) After three quarters of an hour staring at the same platform, we began to move again on our journey to Swansea where we had lost the connection and had to wait for another train to Cardiff. Bike and pannier in tow, I changed trains and eventually arrived at Cardiff where I had one minute to run to the front of the train, secure my bike in the racks provided and run to my carriage. This stage of the journey went well, until just after Reading! Our train stopped on a middle track where it stayed for 2 hours. There had been a suicide on our track. Apparently, the Oxford train in front of us was involved. By this time, I was starting to feel quite stressed, thinking about cycling from Paddington to Waterloo where I had to catch a train to Bexley. We arrived at Paddington eventually and then I felt my journey had truly started.

Cycling across town wasn't too bad. Good old Boris has made it easier for cyclists, with well marked routes and some special lanes. I went through Hyde Park, past Buckingham Palace where a garden party was breaking up (Beefeaters everywhere), and Clarence House where I nearly got mown down by a black Limo. I was grateful that they didn't put people in the Tower who'd ridden into path of a Royal!

Eventually I made it across Westminster Bridge to Waterloo where I successfully caught a train to Bexley – Hoorah!

Day 1: The morning of the 20th July saw the proper start to the bike ride. We'd all met up for dinner the night before and now were bristling to get started. The route from Bexley was supposed to take us through Kent, the 'garden of England' but all we seemed to see were towns, docks, 'A' roads and big hills. We rode through Dartford, Northfleet, Gravesend, and Rochester, where we had our first water stop of the day. After Chatham and Gillingham we noticed the change in landscape with undulating hills, orchards and oast houses. At the start, I'd teamed up with Brian from Usk. There were 6 of us from Wales. Iestyn from Cardiff, Jean and Ann from Rhyl, Tim, a vicar from Llangollen, Brian and myself, not forgetting the other 56 riders. When we arrived at Dover, we were 'kettled' by our support team in order to get onto the ferry as a whole group. Our trip across the channel was uneventful. We arrived in Calais in time to check in, shower and go to bed.

Day 2: After breakfast we began our continental adventure, remembering to ride on the right and negotiate roundabouts anti clockwise. The trip out of Calais was flat, with roads that opened up in front of you and appeared to go on for miles. There were only two major gradients for this leg. The first was gradual and took us through a forest. The second was sharper, taking us

to a plateau where there was a wind farm. The journey ended at Arras where there was a major battle fought in WW1. We enjoyed our showers, dinner and bed – in that order.

Day 3: After another splendid French breakfast we started the next leg, our aim today, was to get to Compiègne via the Somme. As you can imagine, this was incredibly moving for everyone in our group. For those who have never visited the battlefields in Northern France, I would urge you to do. The sheer scale of the cemeteries and the ages of some of the casualties were mind blowing. I saw some graves where the fallen were 16 and 17 years young. Although no longer a quagmire, but peaceful arable farmland, the area feels sacred. At Compiègne, we had to cycle 3 miles outside the town to our night stop. Again, shower dinner and bed.

Day 4: Today was the day we would arrive at our destination. Our route took us through the forest where the Armistice was signed, the French surrendered to Hitler in WW2 and Joan of Arc was handed over to the English. This was amazing, with vast deciduous trees and wildlife all around (no cars). We also endured real French thunderstorms which taught me never to complain about Welsh weather again. At our lunch stop, I became very cold and couldn't stop shivering. I knew that I needed to eat, but didn't stay at lunch long because it was more important to keep moving in order to maintain body heat. We approached the city from the NE through Sacelles, an enclave of people from Senegal where the women wore wonderfully colourful clothes, through St Denis, along the Seine to Clichy, eventually assembling in the front of the Louvre. I had a puncture on the way in, therefore I was the last rider, but also accompanied by a wonderful backrider called Steph who guided me through Parisian traffic hell – which I began to enjoy! After meeting up with the others, we rode down the Champs de l'Elysée to the Arc du Triomphe (which was like the wall of death at 5.30 on a Saturday afternoon), eventually finishing by the Eiffel Tower.

2 punctures, 1 bee sting, sore legs and bottom, but I wouldn't have missed it for the world!

Thanks to everyone's generosity, I raised : £1,749.50.

Visit to Uganda by Local Explorer Scouts August 2011

The main purpose of the visit was to establish protected water wells for villages near Masindi Town. As well as this funds were used to provide mosquito nets and clothes for new born babies in Masindi Hospital. The parishioners of St Jeromes and other villagers provided pencils, paper and sweets for Kihande School. Kihande School was given a new coat of paint inside and out. Money for the visit was raised by scout fund raising activities and by individual donations. All of the money raised was used towards the projects.



We left via Heathrow on 4th August and had a long (10hr) flight to Entebbe via Amsterdam and Rwanda. The first night was spent in a hotel in Entebbe. Very hot and lots of mosquitoes. The following morning we travelled by mini bus via Kampala to Masindi. The road, if you can call it that, was full of potholes or made of red mud. Hussain our driver was really good and demonstrated the African way of driving. This involves using the best part of the highway regardless of other users! It took nearly all day (so much for the estimated 4hr drive!). At the end I had to check to see if I still had all my fillings.

We set up camp in the dark near the village hall and, desperate for a beer, I nearly cried when all I got was water. We slept well, only to be woken at 7:00am to re-arrange the camp and set up facilities. Water was from a standpipe used by passing villagers and Ugandan Scouts - it

did work, sometimes. Otherwise, water was collected in buckets from the rain falling from the tin roof of the hall. Toilets—slum dog millionaire springs to mind. For those of you who haven't seen the movie imagine a deep dark hole full of flies with a smell to go and that about does it. Showers, - what are they? We were lucky to get a decent wash once a week. Enough complaining, it was brilliant! We lived alongside the Ugandan Scouts and ate pretty much as they did. A live goat was even brought into camp on one day. We ate all of it. We visited the local hospital and gave out baby clothes and mosquito nets. The facilities there were sadly lacking. Fran had a dose of sickness and went there. She was tested for Malaria and diagnosed as having the disease. Apparently they diagnose everyone for it as they have a 40% chance of being right! She was offered a bed for the night but said "I have a perfectly good tent".

Thankfully, she didn't have malaria and

improved with some antibiotics. Whilst in Masindi I met up with the local Police Inspector, Mughisa Solomon. He showed me policing Ugandan style. It is very close to a military organisation and they all carry an AK47. He is now riding around Masindi on his motorbike with a Dyfed Powys police helmet on! We did have need of his services on one sad day when a young lad was tempted by some of the shiny things he saw in our camp. He was promptly arrested after we had paid out the equivalent of £20 for the police officers to get our stuff back.

Kihande school was our painting project. I cannot do justice to the reception we had from the children. They were fantastic. They were so eager to pull us off the bus and literally dragged us round the school to show us the buildings. Many were just eager to touch our bare skin to see if the white came off.

We painted 6 classrooms inside and out.

The school looks so much cleaner. The headmaster got the children to queue up for the pencils and paper to be distributed to every pupil. Each one held up his/her new possession and was clapped by the others. It was humbling to see such a small thing so much appreciated. It rained on one day when we were there but the children still turned out to see us even though the school was closed. The rain was real tropical stair rods. The children fell about laughing to see me jumping over the puddles in the pouring rain trying to get from one classroom to another. They really enjoyed playing ball or catching bubbles with our scouts. It was a privilege to be in their company.

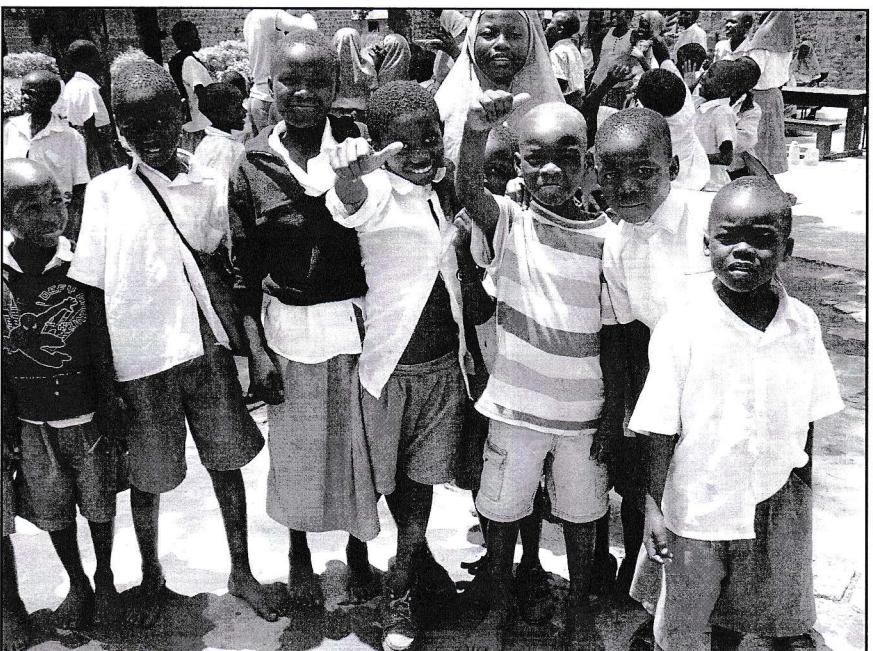
We went to outlying villages to inspect a water well that had been constructed and to see the new one that was to be built. The people in these outlying areas still live in round mud huts with thatched roofs. They have no electricity or gas. Water is collected in 5gallon drums and carried up to 1.5miles on their heads, all that with a baby on their back. It is every human's right to have access to clean drinking water. These people have to drink muddy water that has run off the surrounding land. Thanks to the donations, some now have clean water.

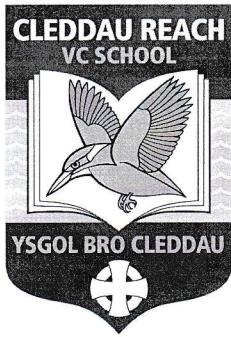
At the end of our visit to Masindi some of the group went to climb Mount Elgon and the rest of us went to Jinja near the source of the Nile. Our group went white water rafting on the Nile.

We then moved on to the border with Kenya and travelled through the great rift valley for 14 hours to get to the Masai Mara in Kenya. We stayed for 3 nights and 2 days as a short holiday at the end of the trip. We stayed in a permanent tented encampment in the Mara. It was surrounded by an electric fence for safety. I did, however, get concerned when they switched the generator off after 11:00pm. The staff there were superb, they were all Masai Warriors. They put on traditional dress in the evenings and entertained us with dances. They involved some of our scouts and were surprised to find some of our lads could jump as high as them. We were up at 5:00am each day to get onto the game drive. The wildlife was superb. I would never bother with a zoo again. I will hopefully put on a slide show for St Jeromes in the near future so you can see some of the pictures if you wish.

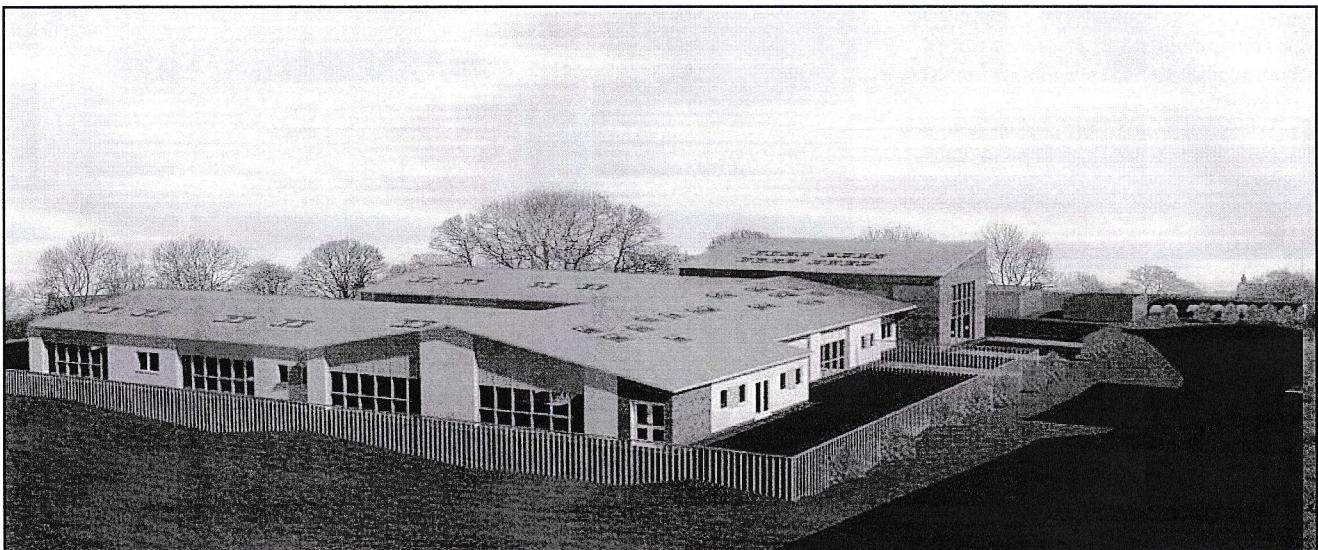
I would like to say a heartfelt thanks to all the people of Liangwm who donated anything to this venture, you know who you are, THANK YOU.

By Steve Richards





Cleddau Reach VC Primary School News



Welcome to the Cleddau Reach VC School section of the newsletter.

The items below provide information about some of the events and activities that have taken place recently.

During the 2010-2011 school year the staff and Governing Body have worked hard to establish the new school and to ensure that there has been continuity within the standards of teaching, learning and achievement on both Bases.

The Headteacher, Governing Body and staff of the school have focused on ways of providing a motivating curriculum that is suited to the needs of each individual learner. They have ensured that a wide

range of educational visits, extra-curricular clubs and sporting events have been available to the children.

Governors and staff have also worked closely with representatives from Pembrokeshire County Council to ensure that the new school building will provide an outstanding and modern learning environment for the children within the school's catchment area. Included within the newsletter are the ground plan for the new Cleddau Reach School building and a three dimensional plan.

Each year the school reviews and develops key areas of work. These areas are outlined in the School Improvement Plan. The priorities during 2010-2011 were to establish the new school in a positive way

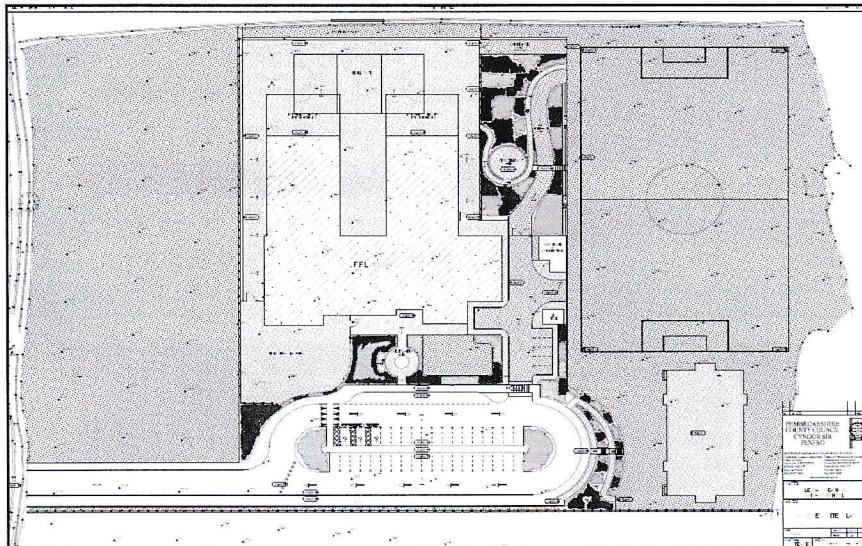
and to further improve standards within teaching and learning.

Opportunities have been provided for the children of both Bases to work together within areas such as educational visits, school council meetings, Junior singing and the Pembrokeshire Enterprise Fair. The children have also combined their musical talents to create a CD 'Sing Cleddau Sing' which has so far sold over 200 copies. The CD costs £7.50 and copies can be ordered from both the Burton and Llangwm Bases.

At the same time the staff and Governing body have worked hard to ensure continuity in terms of the day to day running of each Base and the celebration of traditional events such as Harvest, Christmas and St. David's Day.

The school has successfully been assessed for the Healthy Workplace Award and is working towards the Gold Award for the Sustainable Schools scheme. As part of our review of Mathematical teaching, a successful and well attended curriculum evening was held during the spring term. The school has continued to work closely with local secondary schools to ensure a smooth transition for the children from each of the local communities.

The teachers and governors are always keen to strengthen links between the school, parents and the local communities. During 2010-2011 the school has been actively involved in many different community projects.



Links have been maintained with the local churches and institutions within the catchment area. Reverend Jane Gouplin and Reverend Graham Lloyd have been regular visitors to the school and the school uses different talents from within the community to enrich the learning of the children.

The children on the Llangwm Base celebrated Harvest Festival at St. Jerome's Church with separate infant and junior services. Reverend Jane Gouplin led the service and funds were raised for Ty Hafan. The children on the Burton Base celebrated Harvest Festival at St. Mary's Church. Reverend Graham Lloyd led the service and funds were raised for Action Aid. On Wednesday 5th October a special assembly for all Foundation Phase children and staff took place at Llangwm Base. On the same day all Key Stage 2 children and staff attended a special assembly for them at the Burton Base.

The worship candle to commemorate two hundred years since the foundation of the National Society was received into both Bases. A special daily prayer was said in both English and Welsh. The candle has been taken to each of the Church Schools within the St. David's diocese.

The Friends of the School organisations on both Bases have continued to support the school in a variety of ways and have met on a regular basis. During 2011-2012 as we move towards the completion of the new school building meetings will take place to establish a single friends of the school group.

During the past year the children of the school have been involved in a wide range of sporting activities.

A successful Junior Swimming Gala and Sports Afternoon was held for the children of each Base during the Summer Term. Many pupils successfully and sportingly represented the school at football, rugby, cricket, swimming, tennis, cross-country and athletics. The school cricket team won the local area competition and reached the Pembrokeshire County Finals.

The school was represented by twenty-nine children at the Pembrokeshire Cross Country event at Oakwood on Thursday 13th October. The children all competed well and we were very proud of the fact that Alaric Jones (Year 6 Burton Base) came first in the Year 6 race. This meant that Alaric has achieved first place in the County Cross Country over the past four years, a wonderful achievement.

Diary Dates

Friday 18th November – Children in Need Fundraising Activities

Wednesday 30th November – Cleddau Reach Christmas Fayres
Burton Base – At Beggars Reach Hotel
6.30pm start

Llangwm Base – At the school 6.00pm start

Wednesday 7th December and Thursday 8th December – Burton Base Pantomime 6.30pm at Mission Hall.

Tuesday 13th December – Llangwm Base Infant Christmas Concert 2.00pm at Llangwm Methodist Chapel

Wednesday 14th December and Thursday 15th December – Llangwm Base Junior Classes to Present Christmas Entertainment at Llangwm Methodist Chapel 6.30pm

Monday 19th December and Tuesday 20th December – Llangwm Base Nursery Concert in the school hall 10.50am

Wednesday 21st December – Burton Base Carol Service St. Mary's Church Burton 9.10am
Llangwm Base Junior Carol Service St. Jerome's Church 9.40am

Thursday 22nd December – Friday 6th January – Christmas holidays

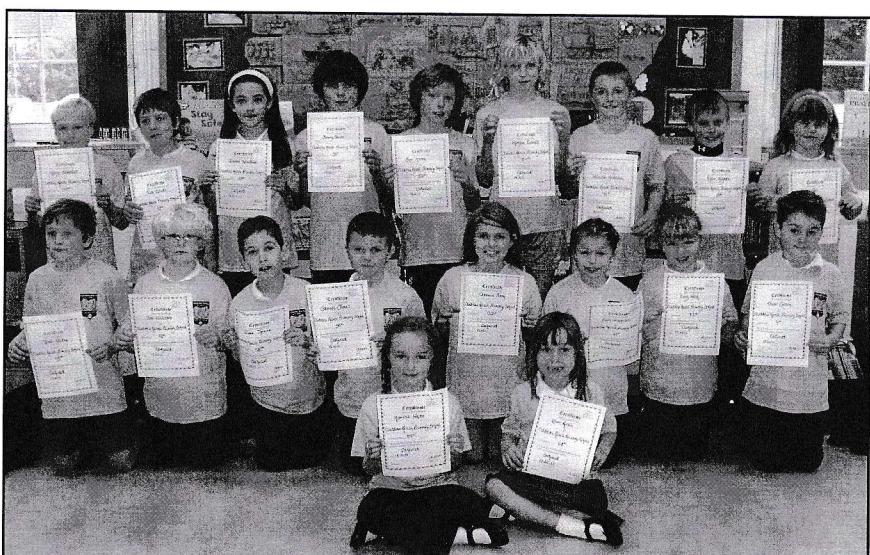
Monday 9th January the children return for the start of the Spring term.

Cleddau Reach VC Primary School Young Reporters Section

In this section we have included a number of reports written by children at the school.

Cleddau Reach VC School Burton Base's Harvest Festival 2011 at St Mary's Church, Burton

Our Harvest Festival took place on Thursday 13th October. The church was full with parents! We sang harvest songs, some played harvest pieces on their musical instruments and some of us had to speak about harvest and the importance it has here and around the world. We thought about the farmers and the fishermen. We were thanking God for the harvest and all that he does for us. We practiced very hard and the service went well.



We are thankful to all for the generous donations for our harvest display. The display was so beautiful with all of the fruit and vegetables. During a hymn, we had a collection for the charity we are sponsoring this year. The charity that we support is Action Aid. It helps children in Malawi who are less fortunate than us. Reverend Graham Lloyd gave a blessing for harvest. He thanked us for all of our hard work. We all had a great time. When we got back to school, we were lucky enough to try the Harvest loaf which was yummy!

By Holly Reynolds

Llangwm Base Harvest Festival

On Friday the 14th October, Cleddau Reach Llangwm Base, celebrated their Harvest Festival at St Jerome's Church. It was a lovely autumn day to walk through the village and we thanked everyone for all the food and gifts they brought to the church.

The children brought beautifully decorated envelopes with donations to Ty Hafan children's hospice.

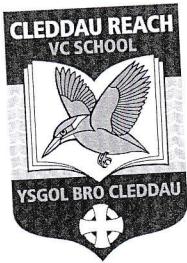
The children sang with great enthusiasm and gusto and informed the congregation about the amount of food wasted throughout the world.

By Gwen Williams

Oakwood Cross Country Championships 2011

It was Thursday 13th October, all of Cleddau Reach VC School Cross Country runners were getting all excited about the race at Oakwood. We all had new luminous pink tops to wear. After a very busy morning in school, we left early to get ready and be brought to Oakwood in time for the races. In the Year 4 race, Lizzie came 4th! and Alaric was 1st in the Year 6 race. The runners from both Bases worked very hard and our school result was our best ever.

By Alaric Jones



Primary School News Continued

Visit to Carew Cheriton Control Tower

During the summer term the children in Year 5 and Year 6 were finding out about life on the Home Front during World War Two. As part of our work we had a fantastic visit to the Control Tower at Carew Cheriton. During the visit we met many interesting people who shared their memories of life in Pembrokeshire during the war. We were especially interested in discovering about the air crews who flew from local airfields. In the newsletter we have included a poem by Eden that was inspired by our visit, a letter of thanks by Dan and a photograph showing some of us on the trip.

Dear Staff at Carew Control Tower,

Thank you for this amazing opportunity to see and learn all about World War I and World War II.

We very much appreciated how much time and effort all of the staff have put into making our trip exceptional. We especially liked the part where you could dress up in traditional World War II clothes. We also liked the part where the children could have a go at trying the Morse code. We could not even imagine how this trip could have got any better.

So thank you again for making Thursday 9th June such a special day for all of Year 5 and Year 6 at Cleddau Reach VC School.

Yours sincerely,
Dan Phillips

Silence

*Silence, nervous, terrified,
Is he coming back?
Hoping it's a dream,
Morse code in my head,
But not reality,
Still silence, quiet as a mouse.*

*A shiver down my spine,
But no-one gives up hope.
A gloomy, freezing room,
I send another message,
"Where are you? Please return home!"*

*Anxiously I wait,
Horrible thoughts
Flowing through my head,
A screech, a noise,
I look through the window,
He's coming,
He's safe,
The room lights up,
Smiles around,
Silence disappears,
Happiness begins.*

By Eden Phillips



Llangwm Village Community Council

We are at the beginning of many important changes in the Village, with the creation of our new school and additional housing. Everyone appreciates that we live in a beautiful village, and the vast majority of residents are thoughtful and look after the environment.

However, there are some dog owners who persistently allow their dogs to roam and/or foul our pavements, playing fields, foreshore and green spaces. Most dog owners are totally responsible and clean up their dog mess, and are annoyed that their good name is being besmirched by the actions of a few. One resident has been recently fined for allowing her dog to foul the foreshore. Please consider the children and adults who walk around our village, and our rugby players and cricketers who use the playing fields. There is nothing worse than having to clean dog mess from your carpets or to land in a pile of dog mess!

A second plea is regarding the Post Office and shop. This is a valuable service for our community, and we wish to retain this amenity. Parking in Main Street is however an issue, and can cause considerable difficulties for potential shoppers, and on occasion access to the shop and/or pharmacy has been denied by thoughtless parking. Please have consideration for other villagers, especially children and the elderly when you park near the shop.

Elizabeth Rawlings (Chair)

Remembrance Day



Simon Weston with veterans of The Royal Welch Fusiliers at a Memorial to the Dutch Resistance

To mark this year's Remembrance Day, there will be a special screening of "Weston's Warriors" at St. Jerome's Church. The film was made for BBC Wales to commemorate the 60th anniversary of D Day in 2004.

In it, Falklands veteran Simon Weston travelled from Portsmouth to Hamburg with six veterans of the Royal Welsh Fusiliers. Along their journey each veteran recalled incidents, often highly charged and emotional that remain in their memories.

The film is being shown on Friday 11th November at 7.30pm. Tickets are £6.00 (£3.00 for Children) include a glass of wine or fruit juice and can be obtained from Llangwm shop or reserved by calling Pam Hunt on 01437 899 966.

SERVICE OF REMEMBRANCE

PLEASE JOIN US AROUND THE

WAR MEMORIAL ON LLANGWM GREEN

**TO COMMEMORATE THOSE MEN OF THE VILLAGE WHO GAVE THEIR
LIVES FOR THE FREEDOM WE ENJOY TODAY,
AND ALL THOSE WHO HAVE SACRIFICED THEIR LIVES IN WAR.**

SUNDAY 19TH NOVEMBER AT 9.45 A.M.

**THE SERVICE WILL BE LED BY
REV. JANE GOUPILLON.**

Llangwm Shop, Post Office & Newsagency

Christmas opening hours:

Christmas Eve

7am-2pm

Christmas Day

Closed

Boxing Day

Closed

Bank Holiday Tuesday 27th

9am-12noon

New Year's Eve

7am-2pm

New Year's Day

Tba

Bank Holiday Monday

closed

**The staff in the shop
would like to wish all our
customers a Merry
Christmas and a happy
and healthy New year.**

Nationally, the Post Office will be going through major changes over the next few years, and it is likely that we in Llangwm will also see alterations as well. New counter, new transactions, longer opening hours and who knows what else – lottery, perhaps?

**As and when these
changes happen, you will
be the first to know.**

St Jerome's Church

As many people in the village will have noticed the new Rectory is completed; albeit the garden still needs to be sorted and tidied. Reverend Jane moved in during the October half-term holiday. We would all like to wish Reverend Jane peace and happiness in her new home.

COFFEE MORNING

Reverend Jane will be hosting a Coffee Morning at the new Rectory, on Saturday 12th November from 10.30 - 12.30. Entry £1.

ST. JEROME'S CHURCH CHRISTMAS BAZAAR

Saturday 19th November at 2pm in the Village Hall.

There will be a range of stalls including: Bottle Stall, which is always popular; Cake Stall, you won't be able to resist!; delicious Preserves Stall; our lovely Handicrafts Stall, where you are sure to find an unusual gift idea. Book Stall and more.... Refreshments available all afternoon.

Everyone is welcome, so please come along and find yourself some gifts for Christmas.

KRAFTY KIDS

On Saturday 26th November, in the Village Hall – 4pm to 5pm.

Theme this month is: **CHRISTMAS**

Everyone is welcome from 3 to 12 years.

Please note the new venue for Krafty Kids

SERVICES FOR CHRISTMAS

CHRISTINGLE SERVICE

4pm 17th December – St Jerome's

CRIBB SERVICE

5pm 24th December – St Jerome's

CHRISTMAS MASS

11.30pm 24th December-St Jerome's

CHRISTMAS DAY

UNITED SERVICE- Galilee Baptist Church

TIME TO BE ANNOUNCED –

Please check at your Place of Worship

**As always, anyone wishing to attend any of
our services will always be given a very warm welcome.**

**Please refer to the Church notice board for
up-to-date information.**

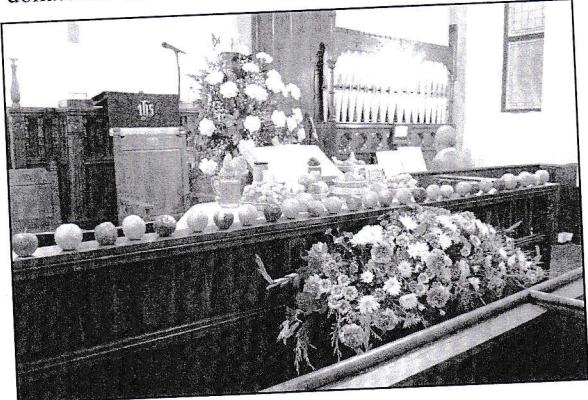
**May we take this opportunity to wish everyone
a very Joyous and Peaceful Christmas and
A Happy New Year in 2012**

GALILEE

Baptist Chapel

A highlight of the autumn worship at Galilee was the colourful **Harvest Festival** which was celebrated on Sunday 25th September in morning and evening services led by Reverend Chris Rees of Narberth. Galilee's congregation was joined by members of other local churches and chapels for the evening service, with **memorable singing** of favourite **harvest hymns**.

The chapel was decorated with **fine displays of bright autumn flowers** beautifully arranged by Gaynor John James. Organists were Mrs Margaret Davies and Nigel Thomas. A **fine solo** performance of "**Great is Thy Faithfulness**" was given by John, a friend of minister Chris Rees. The **harvest table** was prepared by the ladies of the chapel, produce being donated to the residential home at Llangwm Ferry.



Morning worship is held weekly at 10.30 a.m. Sundays.

PLEASE NOTE THE FOLLOWING CHANGE

Women's fellowship meetings, which have formerly been held fortnightly on Thursdays, are to change to Wednesday afternoons at 2pm fortnightly in the chapel vestry from November 2011 onwards. A warm welcome is extended to all.

CHRISTMAS and ADVENT SERVICES

Sunday 4 December

Morning worship and Sunday School at 10.30 a.m. to be led by Sister Barnabas of Fishguard. A service of Holy Communion will be held at the end of this service.

Sunday 11 December

Morning worship at 10.30 a.m. to be taken by Rev. Lawrence Mitchell of Milford Haven.

Sunday 18 December

Annual Service of Readings and Carols will be held at 10.30 a.m. All are welcome.

Christmas Day 25 December

The United Village Christmas Day Service will be held this year at Galilee commencing at 9.30am. An opportunity for villagers of all ages and denominations to come together for a short service of carols and Christmas blessings.

Llangwm

Methodist

Church

MINISTER: Reverend Alan Jenkins

SECRETARY: Mrs Jane Brock

TREASURER: Mrs Hilary Hitchings

Sunday Services:

Morning 11am Sunday School 11am

Sunday School - please come and join us at 'Sunday School'. Children of all ages welcome. We meet every Sunday morning- 11am - 12noon. We read bible stories, sing, crafts, drama, puzzles & games and colouring but most of all we have an enjoyable hour and have fun.

Women's Fellowship:

Fortnightly on Wednesdays - 2.00pm

FORTHCOMING EVENTS

Friday 25th November 2011

Jewellery Party - Sunday School Room - 7pm

Friday 9th December 2011

Mince Pies, Coffee & Carols - 7pm

Sunday 18th December 2011

11am service and Sunday School

6pm Carol Service

United Christmas Service

Joining with Galilee Baptist Chapel

Good Friday Service

3.30pm - Reverend Alan Jenkins followed by the Good Friday Tea and Gift Day at 4.00pm in the Sunday School Room

Easter Sunday Service

11am service and Sunday School

A WARM WELCOME

IS EXTENDED TO ALL TO JOIN US

AT THE ABOVE

SERVICES & EVENTS

From Present to Past

by Barry Childs

With Autumn/ Winter coming on and, perhaps, a bit more time for reading how about these?

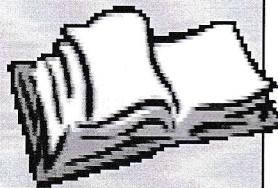
Sebastian Faulks is one of the very best of current writers. 'Birdsong' is probably his best known book but try 'A Week in December'. It is wide ranging and hits very effectively on topics that should concern us all. No book that I have read recently has a more contemporary and relevant feel.

In 2010 Howard Jacobson won the Booker Prize with 'The Finkler Question'. This will keep you entertained throughout and its wit and humour acts as a nice counterbalance to the Sebastian Faulks.

Much as I enjoyed the two above, 'Alone in Berlin' by Hans Fallada was even more memorable. This tells the story of a quietly anonymous husband and wife who, in an understated but heroic way, attempt to undermine Hitler and his Nazi regime. The novel was written just after the Second World War had ended and its author, who experienced a troubled life, died in Berlin in 1947.

If it's non fiction you like then 'The Time Traveller's Guide to Medieval England' by Ian Mortimer won't disappoint. Unlike most history books it's written in the present tense. Sounds odd I know, but it works.

Finally, if you have a Kindle and want value for money you can download the complete works of Dickens for about £2 and all of Shakespeare's plays for nothing!

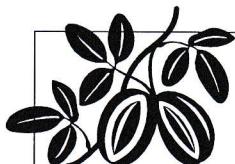


Bum Notes & Sliding Scales



Pippa Longworth and Karl Daymond of Opera Playhouse.

In response to public demand, the Smallest Opera In The World, Opera Playhouse are returning for the St. Jerome's Christmas Concert with their new show "Bum Notes and Sliding Scales" on Friday 16th December at 7.30pm.



Community Centre

By the time you receive this latest copy of Llangwm Village News, the keenly anticipated 'The Village Social' will have taken place in the Village Hall – not a local scandal going on, but a play from the National Theatre of Wales as part of their 'Night's Out' scheme. We are indebted to Pam Hunt for booking and then liaising with them to help sort out the many practical requirements for the performance as well as organising the tickets sales etc! Because of the seating arrangements needed for the play, the committee provided canapes as an 'easy to manage' bite before the play.

The Hall has been popular as a venue for parties as well as a source for crockery, cutlery and furniture hire.

It has a regular Zumba class on Mondays 8p.m.- 9 p.m. (a Latin-inspired dance/fitness programme) and the newly formed Llangwm Ladies Choir, 'Village Voices', hold their practices there once a month on Fridays starting at 7.30.p.m.

Full details about hiring are available from Pat in the shop to whom we must, as always, thank for her work with this and the work she does selling tickets for Village Hall events.

Opera singers, Pippa Longworth and Karl Daymond will perform a hilarious programme of arias, duets and sketches from the World of Opera. All your favourite melodies and a great deal of laughter fitted into one enjoyable evening. High Art in duet with Low Comedy! A Comic Operatic programme to delight and amuse. From Handel and Mozart to Michael Flanders and Donald Swann.

As with previous Christmas concerts, "Bum Notes and Sliding Scales" is supported by Night Out, an agency of the Arts Council of Wales. Tickets are £7.50 for adults and £3.50 for children and will be obtainable from Llangwm Village Shop or by calling Pam Hunt on 01437 899 966

Looking back 100 years

From the minutes of the annual Vestry Meeting held at Llangwm parish church in April 1912:-

James Davies and George Protheroe George were appointed church-wardens, with James Jones, Edward Morgan, George Jones, John Davies, Samuel Edwards junior and Robert Peters as sidesmen.

A resolution protesting against the proposed disestablishment and disendowment of the Church in Wales was passed.

It was decided to substitute collecting plates for the bags used in collecting the alms in church services. Two plates were presented to the Church by J C Evans and were first used on Whit Sunday 1912.

It was resolved that the Rector be asked to repair the gateway and boundary walls of the extension of the churchyard, that he be advised to collect funds for the purpose from all persons responsible for the gravestones already fixed in the graveyard and that henceforth he put in more strict force the rules of making the charge of ten shillings for the burial of every non-parishioner and the charge of five shillings for the admission of every gravestone into the burial ground.”

*Nikki Bosworth,
Pembrokeshire Record Office*

Coping With Loss Book

If anyone would like to share their experiences of coping with the loss of a loved one for a new book, I would be very grateful to hear from them.

I'm particularly interested if you associated that person with objects such as butterflies, robins, etc.

Names can be changed. Please contact Hetta with your experiences at hettysbook@hotmail.co.uk



The Llangwm Festival committee would like to thank everyone who completed and returned their questionnaire. If anyone has yet to forward their ideas to the committee, the questionnaire [or notes on a plain piece of paper] can be left with Pat at the shop. The general consensus was that the carnival should return to its original home on the sports field, with a start time of late afternoon running straight through to the evening events, and there was a 50:50 split in views on whether there should be a fireworks display on New Year's Day.

The committee have agreed that they might organise four events during the next 12 months. The first would be a simple 'Carols on the Green', with Santa Claus, mulled wine and mince pies. To replace the fireworks display, there would be a late-morning 'community walk' around the locality on New Year's Day – nothing too strenuous, just a little exercise and fresh air followed, perhaps, by soup and rolls. A 'Picnic in the Park' would be a possible third event, sometime in the spring or early summer, and the carnival, with scarecrows, would follow in early July.

An open meeting was held at the Cottage Inn in October to discuss these ideas. It was decided that 'Carols on the Green' should take place on Friday 9th December and the family/fun walk around Llangwm would be better held on Monday 2nd January 2012. There will be no fireworks on New Year's Day. 'Scarecrow Week' will commence on Saturday 30th June and culminate in Carnival Day on the following Saturday 7th July. Watch out for the posters to keep up-to-date with these events!

LLANGWM RFC

The club has a new Chairman for the 2011/12 season with Rod England taking over from Michael John at this years AGM. A previous player at the club, Rod has been on committee for several years, and will be sure to put in the hard work needed to ensure things continue to run smoothly. Rod would like to extend and invite to anybody to come along to a match, and sample the hospitality the club has to offer. Also to remind current members that membership for the season was due on the 1st September, and that there are few numbers left in the 100club if anybody wishes to join. There are 10 monthly draws of £60 plus the Summer £500, and Christmas £1000 draw to be won.

Contact the club or Rod England for further information.

Photos: Bill Crane



Senior XV

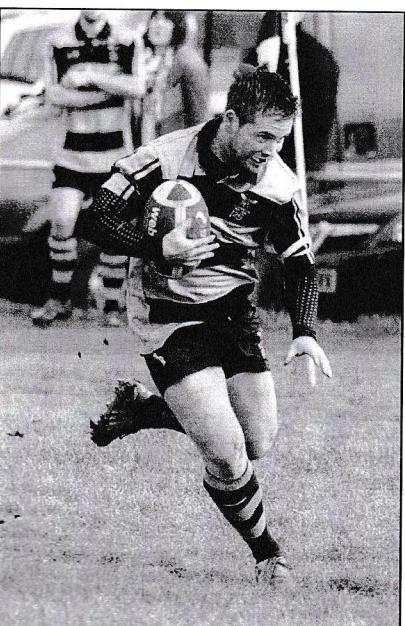
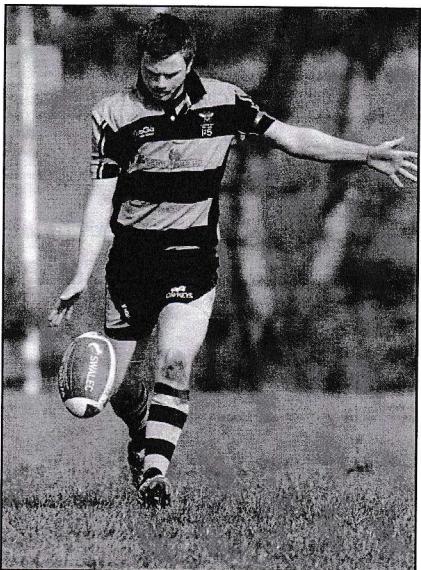
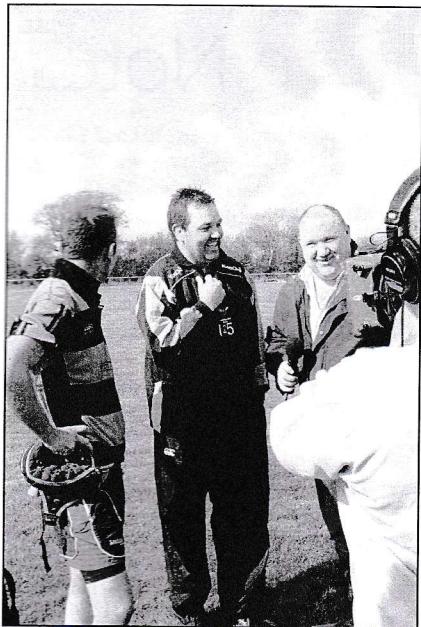
The Senior XV has had a reasonable start to the season winning 3 out of their first four league matches. Two defeats have followed but the season is young and there is enough talent in the team for it to be very competitive and hopefully have a high finishing position. Pictured are this years 1st XV receiving their new playing strip from local contracting firm, Dan Owen & Son. **Llangwm RFC would like extend sincere thanks to Dan Owen, and to all sponsors for their support which helps to maintain rugby in the village.**

Not to be forgotten is this years Bishop Cup match on Boxing Day. This year its back to Llangwm to host the match, and once again it is hoped for a large and partisan crowd to support the Llangwm team.

Youth XV

A pleasing development at the club this season is the fact that once again we are able to turn out a youth team on a regular basis. Coached by Alan Williams and Alistair Platten there is some real talent in the squad which bodes well for the future conveyor belt of players into senior rugby. The Youth Team manager is Clem Meehan who can be contacted for any queries on Youth Rugby.





Junior section

After a longish, but well deserved summer break the Junior section of Llangwm Rugby Club began training on the 11th September this year,. We kicked the season off with a very successful 'Welcome Day'. Despite coinciding with Wales' first game in the World Cup the Welcome Day was incredibly well attended (aided of course by radio commentary from New Zealand). It was an opportunity to have some fun whilst introducing the game to new players, (it was also an opportunity to put some of the coaches in the stocks so they could be soaked with sponges.) Obviously the diets of these highly trained young athletes are at the fore of our minds and they were supplied with fizzy drinks, sweets and crisps. Despite our timing it was very well supported and we attracted many new faces to the village side.



We currently have 5 junior sides playing on a regular basis, our under 11's, under 10's and under 9's play tackle rugby and the under 8's and under 7's play tag rugby. All sides have got off to an enthusiastic and successful start this season.

The junior section is supported by a small committee which arranges functions and fund raising events and also by a group of dedicated coaches who supply seemingly unlimited levels of encouragement and patience. All our young members who attend training are encouraged to play in the match.

This year we have been fortunate to attract sponsorship from some generous local businesses and we have purchased new playing kit. Our young players not only look the part but continue to behave in a way that is a credit to the club and to their parents. These hardy young boys and girls train and play in all sorts of weather and are supported by an even more hardy group of parents who stand at the pitch without complaining (well, hardly complain!).

Various events take place throughout the year, for fundraising and for fun which culminates in our presentation evening.

Home matches take place in Llangwm at 11am on Sunday mornings and on most occasions teas, coffees and much needed bacon rolls are available. There is often a small but vocal group of parents and family providing encouragement and support to the children. All positive support for our teams is very welcome, and it is heartening to see such a small club with upwards of 70 young players out on the field on a Sunday morning.

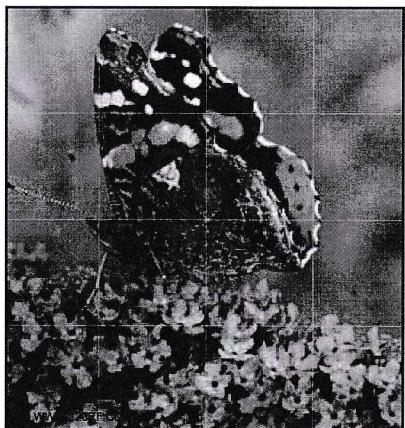
Training takes place on a Wednesday night at 6pm at Llangwm pitch and after half term, Moor farm from 6pm to 7pm for the younger age groups.

Any children between the ages of 6 and 10-11 regardless of previous rugby experience are more than welcome to join the junior section and help Llangwm junior rugby section to continue to grow. Please contact the club house for any information on membership, events or participation in rugby for Llangwm RFC. 01437 890462

Summer & Autumn Nature Notes

The glorious, sunny and warm spring gave way to a rather indifferent summer during which the temperatures rarely climbed into the middle 20s. This resulted in a very poor year for butterflies. They seemed virtually absent from our garden except for fewer than normal speckled woods and the occasional large white and hedge brown. The situation didn't improve until mid-August when our buddleias came into blossom and attracted red admirals, peacocks, small tortoiseshells, large and small whites and occasional commas and green-veined whites. I did not once see any painted ladies which were very numerous last year.

Red Admiral



During the brief Indian summer early in October a *hummingbird hawk moth* called in at the village shop. It was eventually coaxed out...without making a purchase!

Otters announced their presence by leaving spraint at the usual locations in Port Lion and within the Pill. I heard that one Llangwm resident whose boat is moored just off the slip at Black Tar discovered paw prints on the cover of his boat. He was very surprised to discover spraint inside the boat under the cover. An enterprising otter had obviously used the boat to rest up and claim it as his territory by leaving a calling card!

As usual the Pill was pretty much devoid of bird life throughout the early summer months with the exception of our two resident *mute swans* and a group of 10 immature non-breeding *mallard* ducks. This group increased in numbers as the summer progressed to a current count of 24 individuals which have emerged through

the 'eclipse' period into full adult plumage to reveal 16 drakes and 8 ducks.

The Pill and neighbouring shores saw a stream of notable waterbirds passing through including *common sandpipers*, *whimbrel* and *black-tailed godwits*, with some in full summer plumage. On July 14th I saw a group of 7 *purple sandpipers* at Llangwm Ferry. Normally seen on rocky coasts, this unremarkable looking wader with short legs isn't often seen so far up river. Wader-wise, the highlight for me was recording a *curlew sandpiper* in the company of a single *dunlin* on my early morning walk around the Cunnigar on 12th October. It came to rest on the water's edge just 20 yards from where I stood and when it took off again I could see that it was very slightly larger than the dunlin and its very distinctive 'square' white rump stood out very clearly. The two birds eventually headed off down river. Curlew sandpipers are scarce passage migrants in Britain... they breed in the Siberian tundra and winter in Africa.

Redshanks made an earlier than usual return to the Pill from their breeding grounds. I recorded 7 in the Pill on 21st June. Their numbers rose steadily over the following weeks to around 70 birds by mid-August. The first *teal* reappeared in the first week of September. The females appear to arrive first with males turning up in the first week of October. Today (23rd October) there are around 40 in the Pill.

Undoubtedly, the main highlight of the summer was a sighting by Alan Rawlings of a *red-rumped swallow* in his garden overlooking the shore in Rectory Road. It was in the company of other *swallows*, *house martins* and *swifts* feasting on an emergence of queen ants. This is indeed a very rare sighting being a bird of southern Europe and North Africa. There is no doubt about its identification as Alan sees them regularly around his other home in Portugal.

Red kites are reported regularly these days and, in fact, I saw a pair being harassed by rooks and jackdaws near Puddleduck Fishery on 15th October. On the other hand, there are more exciting developments involving *ospreys*. One or two are seen just about every spring and autumn in this locality as they migrate north and south. However, a pair has been seen regularly throughout this entire summer around the upper reaches of the Daugleddau around Millin Pill, Picton, Slebech, Landshipping, Sprinkle Pill and off Black Tar. Among

several reported sightings, Ian and Christine Jacob saw them on 19th June and 9th July and Graham Stephens on 3rd and 15th August when he photographed one with a freshly caught fish. Well known Pembrokeshire birder, Richard Crossen, saw them at Millin on 16th August. They are well established breeders in Scotland, Cumbria and now North Wales. Could mid-Pembrokeshire be next? There is no reason why they shouldn't...after all, there is ample woodland cover skirting the waterway and a ready supply of fish in the river. Exciting possibilities indeed!

I'm glad to report that *little egrets* appear to be making a slow but steady recovery since their numbers were decimated as a result of last winter's prolonged harsh weather. Varying numbers of *Canada geese* have been around the Pill sporadically since late August and their spectacular formations have been a feature of some early mornings as they noisily leave their roost to forage for food on the fields in the vicinity. In our garden there has been much activity throughout the summer with regular visits to our feeders by *great spotted woodpeckers* and *nuthatches* as well as the usual abundant *tits*, *chaffinches* and *sparrows*. Looking out of the bedroom window at 7.15 one morning I was treated to the sight of our old apple tree alive with *blue* and *great tits*, a *coal tit*, several *chaffinches*, a garden warbler and a female *blackcap*. Five minutes later a beautiful pair of *bulfinches* explored the hedgerow behind the apple tree. What a lovely sight!

And finally, a fishy tale...

Early on 30th August, I disturbed a *heron* from the bank of the stream adjacent to Guildford Bridge. The stream was full as it was high tide. I suddenly heard a splash and noticed movement in the water about 7 or 8 yards downstream. At first thinking I might be lucky to see an otter it soon became apparent as to what had caused the disturbance in the water. A shoal of 8 large *grey mullet* swam in a line up to the bridge and proceeded to swim round and round in a perfect circle, nose to tail for about 20 to 30 seconds. This unusual display could well have been a BBC programme interlude... just like the hippos!!

Please report any interesting sightings to me on 891580 or email me at grahambrace@btinternet.com

If you have an idea for an article for the next edition of Llangwm Village News or if your club/interest isn't represented please contact: Editor: Lorraine Grange 01437 890180 s.grange201@btinternet.com
Layout Design/Sub-Editor: Janice Casey 01437 891209 janicecasey@hotmail.co.uk